

Kines 355 Socio-Cultural Aspects of Physical Activity (3 cr.)

Instructor: Dan Timm, Ed.D., 1043 Gym-Nat, 262-7714, dtimm@education.wisc.edu
Office Hours: MW 3:00-4:00, TR 2:30-3:30, F 10:00-11:00

Schedule: Class meets TR 1:00-2:15 in 2055 Gymnasium-Natatorium

Prerequisite: Successful completion of, or exemption from, Comm A. Kinesiology major with Junior standing, or consent of instructor.

Learn@UW Address: <https://uwmad.courses.wisconsin.edu/d2l/home/3351599>

Required Text: Mechikoff, R. (2014). *A history and philosophy of sport and physical education: From ancient civilizations to the modern world* (6th ed.). Boston, MA: McGraw Hill.
Connect Access Card ISBN: 9781259337277. This is an ebook. A printed loose-leaf copy of the text can be purchased for an additional fee.

McGraw-Hill offers the text assigned for this course as a Connect SmartBook (digital access). The Connect/Smartbook Access can be purchased from University Book Store. Or, students may purchase Connect Access directly from the following McGraw-Hill Registration URL (with no mark-up):

Registration Section URL: <http://connect.mheducation.com/class/d-timm-kines-355>

Or, a hard copy of the book can be purchased from a vendor of your choice.

Additional materials will be posted on Learn@UW, taken from but not limited to the following sources...

Coakley, J. (2009). *Sports in society: Issues and controversies* (10th ed.). Boston, MA: McGraw-Hill.

Eitzen, D. S., & Sage, G. H. (2009). *Sociology of North American sport* (8th ed.). Boulder, CO: Paradigm.

Freeman, W. H. (2012). *Physical education, exercise, and sport science in a changing society* (7th ed.). Sudbury, MA: Jones & Bartlett.

Gems, G. R., Borish, L. J., & Pfister, G. (2008). *Sports in American history: From colonization to globalization*. Champaign, IL: Human Kinetics.

Kretchmar, R. S. (2005). *Practical philosophy of sport and physical activity* (2nd ed.). Champaign, IL: Human Kinetics.

Shimon, J. M. (2011). *Introduction to teaching physical education: Principles and strategies*. Champaign, IL: Human Kinetics.

Woods, R. B. (2016). *Social issues in sport* (3rd ed.). Champaign, IL: Human Kinetics.

Zeigler, E. F. (2005). *History and status of American physical education and educational sport*. Victoria, BC: Trafford.

Purpose of Course: This course is intended to provide students with an introduction to the socio-cultural aspects of physical activity. Major areas of concentration include philosophy of physical activity/education, history of physical activity/education and sport, and sociology of physical activity/sport.

Although a descriptive approach to the content is important, an interpretive approach through the material is also intended to ask how and why of the evidence. Understanding the interacting relationship between philosophy and history while attempting to view that relationship through a sociological lens will be important. Examining physical activity through philosophical, historical, and sociological lenses provide different perspectives which can lead to a greater comprehension of physical activity.

The course provides an opportunity for students to satisfy the university's Communication Part B requirement in content specific to Kinesiology. As part of the course, students will submit a draft of a philosophy paper for review, schedule an individual conference with the instructor to receive feedback on the assignment, and submit a full version of the paper; submit a thesis statement for a historically-oriented paper, receive feedback on the thesis statement, and use the thesis statement to drive the writing of the paper; submit a sociological research paper in which scholarly sources were used to gather information; give an oral presentation on a current event in physical activity and receive feedback on that presentation; and use the feedback received on the first presentation in organizing and delivering a second presentation which will involve role-playing a significant person in physical activity history.

Course Objectives: At the conclusion of this course, students should be able to -

- understand how sport and physical activity are reflections of the culture in which they exist.
- explain why individuals participate in sport and the benefits and consequences of that participation.
- describe the various philosophies of physical activity/education and the role of ethics in physical activity.
- discuss the concepts of dualism and holism.
- compare and contrast play and games and examine the good life.
- consider the role of physical activity/education and sport (PA/E&S) in ancient civilizations.
- explain how PA/E&S survived through the Dark Ages and the Middle Ages.
- realize the growth of PA/E&S in Europe and factors fueling that growth.
- promote the contributions of European PA/E&S to the development of PA/E&S in the U.S.
- examine the growth of PA/E&S in the early United States.
- track the development of PA/E&S in the United States during the 20th century.
- describe the benefits and consequences of organized sport programs for children.
- debate the value of interscholastic and intercollegiate sport.
- examine the relationship between physical activity and gender, race, ethnicity, and social class.
- investigate the influence of politics on physical activity.
- discuss the effect of deviance and violence in sport.
- develop advanced communication skills in...
 - critical reading, logical thinking, and the use of evidence.
 - the use of appropriate style and disciplinary conventions in writing and speaking.
 - the productive use of core library resources specific to the discipline.

Evaluation:	Current Event Presentation	5%
	Philosophy of Physical Activity Paper	15%
	Historical Person Presentation	10%
	History and Philosophy of Physical Activity/Education and Sport Exam	15%
	Physical Activity Time Traveler Paper	15%
	Sociological Influences of Physical Inactivity Paper (1 st progress report)	5%
	Sociological Influences of Physical Inactivity paper (2 nd progress report)	5%
	Sociological Influences of Physical Inactivity Paper (final copy)	20%
	Sociology of Physical Activity Exam	10%

Assignments:

Current Event Presentation (Due September 8 – October 13. Students will choose the date for their respective presentation; 5-10 minutes)

Students will search the media and present at the beginning of class, one event related to physical activity that is currently in the news. *Physical activity in this course is an umbrella phrase under which are found physical education, informal recreation, formal exercise, and organized sport.* As part of the presentation, students must make a philosophical, historical, or sociological connection between the event and course content. Often, people do not realize the socio-cultural aspects of events currently happening in physical activity. In addition to presenting the event, students will initiate class discussion of the topic. Students will be evaluated on their knowledge of the current event, ability to effectively communicate their presentation, ability to connect the current event to course content, and ability to initiate discussion. Students will receive feedback on their oral communication skills which is to be integrated into the historical person presentation.

Philosophy of Physical Activity/Education Paper (3-page draft due September 29; 5-page final copy due October 13)

Simply stated, Socrates said, “Know thyself.” The paper, “My Philosophy of Physical Activity” is intended to get students thinking about who they are as physical activity specialists. Using discussions in class and their own research as guides, students will identify and write their philosophy of physical activity. Students should take note of things that “strike home” with them - things they identify with and feel strongly about. Students will be evaluated on their ability to reflect, analyze, synthesize concepts, and draw conclusions that address:

- (1) *What is important to them regarding physical activity and why they have those beliefs?*
- (2) *With which contemporary philosophy do they identify because this will be the foundation for many of their beliefs and value.*
- (3) *In their discussion of a contemporary philosophy, students need to show they understand the contemporary philosophy and how it connects to their personal beliefs.*

Length of the draft is 3 pages. After submitting the draft, students will schedule an individual conference with the instructor to discuss the paper and receive feedback on their writing. Students will integrate the feedback they receive into writing the final copy of the paper.

Length of the final copy is 5 pages.

Historical Person Presentation (Due October 11 – November 8. The date students present will be determined by the person they choose to role-play; 5-10 minutes.)

Students will select a significant person in physical activity history to role-play. Assuming the identity of that person, students will be responsible for being knowledgeable of that individual’s beliefs, how those beliefs impacted education, and how those beliefs affected physical activity. This 5-10 minute presentation will be given as a guest speaker visiting the class, who after the presentation will field questions from members of the class. Students will be evaluated on their knowledge of the individual they are role-playing and the individual’s beliefs, and the connection of those beliefs to education and physical activity. Students will also be evaluated on their ability to effectively communicate their presentation.

Physical Activity Time Traveler Paper (Thesis statement due November 3; completed paper due November 17)

What happened yesterday will have influenced what happened today (Pearl S. Buck). For the purpose of this paper, each student has been hired as a time-traveler by the Department of Kinesiology to investigate the historical perspective of a *current issue in physical activity*. After selecting a current issue to investigate, students will travel back in time to determine how that issue can be explained or was influenced by events that happened anytime during history. Examining *physical activity history*, students will be evaluated on their ability to reflect, analyze, synthesize concepts, and draw conclusions that address:

- (1) *An issue and events that would finish the statement, “The (issue) should have been expected to occur because of (events that happened in physical activity history).”*
- (2) *Discuss the issue. Why is it an issue in physical activity today?*

- (3) *After the events have been identified, discuss how each event explains (provides a reason the issue occurred) or influenced (partially caused to happen) the chosen issue. Be sure to connect each event to the issue.*
- (4) *Students will predict how the future may be affected if individuals today do not address the current issue discussed in the paper.*

Length of paper is 6+ pages.

Sociological Influences of Physical Inactivity Paper (Progress reports due November 23 and December 1. Completed paper is due December 15)

Physical inactivity is one of the most serious health issues in the United States today. The paper, "Sociological Influences of Physical Inactivity," is intended to get students to research and examine physical inactivity through a sociological lens. After performing library research, students will be evaluated on their ability to reflect, analyze, synthesize concepts, and draw conclusions regarding:

- (1) *Sociological factors that influence physical inactivity in children.*
- (2) *Sociological factors that influence physical inactivity in adolescents.*
- (3) *After identifying these factors, students will select one factor that affects both children and adolescents and discuss possible ways of addressing that factor to realize increased physical activity.*

A minimum of 5 scholarly (peer reviewed) sources must be used in writing the paper. Sources must be current (today-5 years old) or relevant (5-10 years old).

- *1st progress report due November 23:* students must have found at least 5 scholarly sources which can be used in the paper and have written a short annotated bibliography for each source. Each annotated bibliography should contain three sentences, in their own words, summarizing the article and one sentence explaining how the information will be used in the paper.
- *2nd progress report due December 1:* students must have developed an outline of the information which will be the basis of the paper. The outline should include the thesis statement and the body of the paper; introduction and conclusion do not need to be included in the outline.

Length of final paper is 8+ pages.

Grade Breakdown:	A = 93% - 100%	C = 70% - <79%
	AB = 89% - <93%	D = 60% - <70%
	B = 83% - <89%	F = 0% - <60%
	BC = 79% - <83%	

Accommodations Statement Your success in this course is important. Please let the instructor know if any circumstances may affect your performance in class so a plan can be developed for you to have opportunities to be successful. Students requiring special accommodation related to a learning need should contact the McBurney Disability Resource Center, 702 West Johnson Street, 263-2741, for assistance.

Academic Integrity: The University of Wisconsin is a highly respected institution of higher education. To help maintain the reputation of the university, and ultimately the credibility of your degree, you are expected to demonstrate academic integrity during this course. Please review the university's statement on academic integrity at <http://students.wisc.edu/doso/academicintegrity.html> and information regarding academic integrity for students at <http://students.wisc.edu/doso/students.html> Examples of academic misconduct include:

- Seeking to claim credit for the work or efforts of another without authorization or citation
- Using unauthorized material or fabricating data in any academic exercise
- Forging or falsifying academic documents or records
- Intentionally impeding or damaging the academic work of others
- Engaging in conduct aimed at making false representation of a student's academic performance

- Assisting other students in any of these acts

Unless otherwise indicated by the instructor, all assignments and tests are to be completed independently without consultation with others.

Class Schedule

September 6	Introduction to Course Introduction to Oral Presentations
September 8	Branches of Philosophy; Contemporary Philosophies - Learn@UW: Freeman, p. 199-213
September 13	Dualism – Learn@ UW: Kretchmar, chapter 3
September 15	Introduction to Written Communication Holism – Learn@ UW: Kretchmar, p. 101-113 & chapter 7
September 20	Play and Games – Learn@UW: Kretchmar, p. 139-140, 147-156, 159-174
September 22	Ethics - Learn@UW: Kretchmar, p. 183-195
September 27	The Good Life – Learn@UW: Kretchmar chapter 11
September 29	Physical Education and Sport in Ancient Civilizations: Sumer, Egypt, China, India, and Mesoamerica – Mechikoff, chapter 2 <i>Philosophy of Physical Activity paper, draft due</i>
October 4	Physical Education and Sport in Ancient Civilizations: Greece and Rome – Mechikoff, p. 50-59, 62-75, 85-87, 88-104
October 6	Physical Education and Sport in the Dark Ages and the Middle Ages, 400-1400 – Mechikoff, chapter 5
October 11	The Renaissance and the Reformation, 1300-1600 – Mechikoff, p. 127-133, 136-138, 144
October 13	The Beginning of the Modern Era in Europe, 1560-1789 – Mechikoff, p. 147-151, 157, 160-161, 166 <i>Philosophy of Physical Activity paper, final copy due</i>
October 18	European Contributions to Physical Education and Sport in the United States – Mechikoff, p. 169-172, 176-178, 191
October 20	Physical Education and Sport in the United States: Colonial Period and National Period, 1600-1860 - Mechikoff chapter 9, and p. 207-209, 214-218, 230-231, Learn@UW: Gems, Borish, & Pfister, p. 49-61; Zeigler, p. 30-35
October 25	Physical Education and Sport in the United States: Civil War Period, 1860-1900 – Mechikoff, chapter 11
October 27	Cultural Influences on Physical Activity *Everyone needs to bring an article on an aspect of culture that affects physical activity
November 1	Physical Education and Sport in the United States, 1900-1939 - Mechikoff , 261-265, 267-275
November 3	Physical Education and Sport in the United States, 1940-1969 - Learn@UW: Freeman, p. 173-178 <i>Physical Activity Time Traveler paper thesis statement due</i>

- November 8 Physical Education and Sport in the United States, 1970-Today - Learn@UW: Shimon, p. 20, 22-32
- November 10 *History and Philosophy of Physical Activity/Education and Sport Written Exam*
- November 15 Sports and Children - Learn@UW: Coakley, p. 122-134, 136-139, 142-151
- November 17 Sports and Education - Learn@UW: Woods, p. 181-197, 199-201, 203-211
Physical Activity Time Traveler paper due
- November 22 Gender & Sexuality and Physical Activity - Learn@UW: Woods, p. 309-318, 321-323, 325-330;
Coakley p. 262-270
- November 23 (Wednesday) *Sociological Influences of Physical Inactivity paper, 1st progress report due*
- November 29 Race & Ethnicity and Physical Activity - Learn@UW: Coakley, p. 274-292, 295
- December 1 Social Class and Physical Activity - Learn@UW: Eitzen & Sage chapter 12
Sociological Influences of Physical Inactivity paper, 2nd progress report due
- December 6 Physical Activity and Politics – Learn@UW: Eitzen & Sage, p. 195-205, 206-210;
Woods p. 393-401
- December 8 Sociological Influences of Physical Inactivity Paper Work Day
- December 13 Deviance in Physical Activity - Learn@UW: Coakley, p. 152-157, 159-171, 178-179
- December 15 Violence in Sport - Learn@UW: Coakley, p. 194-197, 198-216, 221-224
Sociological Influences of Physical Inactivity paper due
- Thursday, December 22, 10:05 a.m. *Sociology of Physical Activity Written Exam*

University of Wisconsin School of Education Teacher Licensing Standards

Following are the University of Wisconsin-Madison School of Education conceptual areas and standards addressed through Socio-Cultural Aspects of Physical Activity and how those standards will be assessed...

Conceptual Area 3 Engagement and Instruction

Standard 3.5 *Support learners to develop and apply different perspectives of authentic (real-world) issues.*

Assessment: Physical Activity Time Traveler Paper

Conceptual Area 5 Professionalism and Ethics

Standard 5.5 *Communicate and collaborate with learners, families, colleagues, other school professionals, and community members to ensure learner growth, and to advance the profession.*

Assessment: Sociological Influences of Physical Inactivity Paper

Standard 5.6 *Engage in ongoing professional learning.*

Assessment: Philosophy of Physical Education Paper

